

Feast of Our Lady of Sorrows

Sorrowful Mysteries of the Rosary

1 st Decade	The Agony in the Garden
2 nd Decade	The Scourging at the Pillar
3 rd Decade	The Crowning with Thorns
4 th Decade	The Carrying of the Cross to Calvary
5 th Decade	The Crucifixion and Death of Jesus

The Rosary of Sorrows

One Our Father and **Seven** Hail Marys after each Sorrow and then the aspiration, 'Our Lady of Sorrows, pray for us'

1st Sorrow. When the holy old man Simeon foretold to Mary that a sword of sorrow should pierce her soul, signifying thereby the Passion and Death of Jesus Christ.

2nd Sorrow. When Mary had to flee into Egypt on account of the persecution of the cruel Herod who sought to put the child Jesus to death.

3rd Sorrow. When Mary lost her beloved Son in Jerusalem, and sought Him sorrowing for three days.

4th Sorrow. When Mary met her beloved Son carrying His Cross to Mount Calvary, where He was to be crucified for our salvation.

5th Sorrow. When Mary saw her beloved Son Jesus raised up on the Cross, and shedding His most Precious Blood from all parts of His Sacred Body in tremendous torment.

6th Sorrow. When the dead body of Jesus was taken down from the Cross and laid in the arms of His blessed and afflicted Mother.

7th Sorrow. When Jesus was laid in the tomb.

In conclusion, **Three** special Hail Marys in honour of the tears shed by our blessed Mother during these sorrows....

Hail Mary, full of sorrows, the Crucified is with you.

Compassionate are you among women,
and worthy of compassion is the fruit of your womb, Jesus.

Holy Mary, Mother of the Crucified,
obtain tears of compunction for us,
now and at the hour of our death. Amen.

The Rosary of Tears

Crucified Jesus! Kneeling at Your feet, we offer to You the tears of the one who, with deep and compassionate love, accompanied You on Your sorrowful way of the Cross. O Good Saviour, grant that we take to heart the teachings given us by the tears of Your Most Holy Mother, so that we may accomplish Your divine will on earth, and may be made worthy to honour and glorify You in Heaven throughout all eternity.

1st Tears. Those of the farewell between Mary and Jesus on Holy Thursday

2nd Tears. Those Mary shed when she heard that Jesus had been condemned to death and rejected in favour of Barabbas

3rd Tears. Those in her eyes and on her face as she met Jesus carrying His Cross to Calvary.

4th Tears. Those Mary shed as she saw Jesus stripped of His garments and as she saw all the wounds, bruises and scourges on His body.

5th Tears. Those Mary shed as she saw the blows driving the nails into the hands and feet of Jesus

6th Tears. All the tears Mary shed as she saw each twinge and tremor of agony of Jesus on the Cross until His death.

7th Tears. The tears Mary shed as she prepared the body of Jesus for burial.

For each tears,

Once: O Jesus! Behold the tears of the one who loved You most on earth.
And who loves You most ardently in Heaven.

Seven Times: O Jesus! Hear our prayers

For the sake of the tears of Your most holy Mother

At the end, repeat three times

O Jesus! Behold the tears of the one who loved You most on earth
And who loves You most ardently in Heaven.

O Mary, Mother of Love, Mother of Sorrows, and Mother of Mercy!
We beg you to unite your petitions with ours so that Your Divine Son,
Jesus, to Whom we now turn in the name of Your Motherly tears,
answers our prayers, and with the graces we ask for, grants us
the kingdom of eternal life. Amen.