

## Devotion to the Sorrowful and Immaculate Heart of Mary

Sorrowful and Immaculate Heart of Mary, pray for us who have recourse to you.

"This devotion to the Sorrowful and Immaculate Heart of My Mother will restore faith and hope to broken hearts and to ruined families; it will help to repair the destruction; it will sweeten sorrow. It will be a new strength for My Church, bringing souls, not only to confidence in My Heart, but also to abandonment to the Sorrowful Heart of My Mother." Our Lord to Berthe Petit

Prayer in honour of the Seven Sorrows of the Blessed Virgin Mary

Approved by Pope Pius VII in 1815

O God, come to our aid. O Lord, make haste to help us.

Glory be to the Father, to the Son and to the Holy Spirit

As it was in the beginning, is now, and ever shall be, world without end. Amen.

1. We grieve for you, O Mary most sorrowful, in the affliction of your tender heart at the prophecy of the holy and aged Simeon. Dear Mother, by your heart so afflicted, obtain for us the virtue of humility and the gift of the holy fear of God. Hail Mary....
2. We grieve for you, O Mary most sorrowful, in the anguish of your most affectionate heart during the flight into Egypt and your sojourn there. Dear Mother, by your heart so troubled, obtain for us the virtue of generosity, especially toward the poor, and the gift of piety. Hail Mary....
3. We grieve for you, O Mary most sorrowful, in those anxieties which tried your troubled heart at the loss of your dear Jesus. Dear Mother, by your heart so full of anguish, obtain for us the virtue of chastity and the gift of knowledge. Hail Mary....
4. We grieve for you, O Mary most sorrowful, in the consternation of your heart at meeting Jesus as He carried His Cross. Dear Mother, by your heart so troubled, obtain for us the virtue of patience and the gift of fortitude. Hail Mary....
5. We grieve for you, O Mary most sorrowful, in the martyrdom which your generous heart endured in standing next to Jesus in His agony. Dear Mother, by your afflicted heart, obtain for us the virtue of temperance and the gift of counsel. Hail Mary....
6. We grieve for you, O Mary most sorrowful, in the wounding of your compassionate heart, when the side of Jesus was struck by the lance before His Body was removed from the Cross. Dear Mother, by your heart

thus transfixed, obtain for us the virtue of fraternal charity and the gift of understanding. Hail Mary....

7. We grieve for you, O Mary most sorrowful, for the pangs that wrenched your most loving heart at the burial of Jesus. Dear Mother, by your heart sunk in the bitterness of desolation, obtain for us the virtue of diligence and the gift of wisdom. Hail Mary....

Let us pray

Let intercession be made for us, we beseech You, O Lord Jesus Christ, now and at the hour of our death, before the throne of Your Mercy, by the Blessed Virgin Mary, Your Mother, whose most holy soul was pierced by a sword of sorrow in the hour of Your bitter Passion. Through You, O Jesus Christ, Saviour of the world, Who with the Father and the Holy Spirit lives and reigns world without end. Amen.

Solemn Act of Consecration to the Sorrowful and Immaculate Heart of Mary

O Lord Jesus, Who on Calvary and in the Holy Eucharist has shown Yourself to us as God of Love and Mercy, kneeling humbly at Your feet we adore You and beg once more for Your forgiveness and Your divine pity. And remembering that by Your own act on Calvary, the human race, represented by Your beloved disciple John, gained a Mother in the Virgin of Sorrows, we desire to honour the sufferings and woes of our Mother's Heart by devoting ourselves to it in solemn Consecration.

It is but just O Mary, that our souls should strive henceforth to venerate you with special homage under the title of your Sorrowful Heart, a title won by sharing in the whole Passion of your Son and thus co-operating in the work of our redemption - a title due to you in justice, and dear, we believe, to Jesus and to your own Heart, torn by the wound in His.

We consecrate therefore, O Mary, to your Sorrowful and Immaculate Heart ourselves, our families, our country and those who are fighting for its honour. Have pity on us; see our tribulations, and the anguish of our hearts in the midst of the mourning and calamities that lay waste the world. Deign, O Mother of God, to obtain mercy for us that, being converted and purified by sorrow, and made strong in faith, we may henceforth be devoted servants of Jesus Christ and His Church, for whose triumph we pray. O Mary Immaculate, we promise to be faithful clients of your Sorrowful Heart. Intercede for us, we beseech you, with your Son that, at the cry of your Sorrowful and Immaculate Heart, His divine Power may speedily bring to pass the triumph of right and justice. Amen. Sacred Heart of Jesus, have pity on us. Sorrowful and Immaculate Heart of Mary, pray for us and save us.